

LANSDOWNE SCHOOL NEWSLETTER

Our after school clubs are an important aspect of school life for our students. They really look forwards to them and I thought I would share some images from Tuesday's clubs. On a Tuesday we have football club, Fulham FC help with this. They send a coach every week to help students with their skills. We also have ICT club, Wii Dance and Sensory play. All the clubs are well attended and I am grateful to the staff for running them and enriching the school day through these activities.

Mr Jukes



Class of the Week

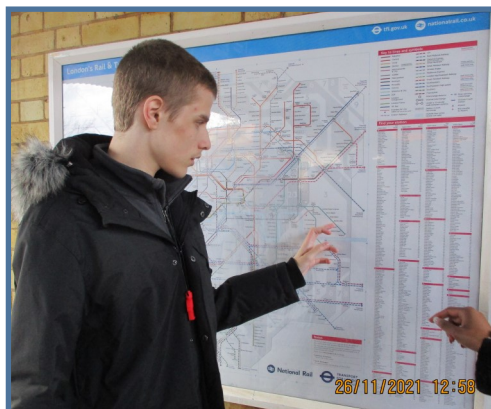
13IK

Congratulation!



This term 13AM has been learning about using public transport. One of the projects was a train trip. The students took a train from Brixton to Bromley South and returned the same day. Some of the students were on the train first time in their life! That was an amazing experience for all of us! We are planning our next trip. Please stay tuned.

Ms Aga




what we learned

Food Technology

In Food Technology we learned about proteins and their functions. As a main protein source we used beef mince to make burgers. Students sliced onions and ginger, shaped their burger patties and fried them. At the end they assembled their burgers using lettuce and tomatoes to make the dish healthier. Ms Berke



Blazing Burger



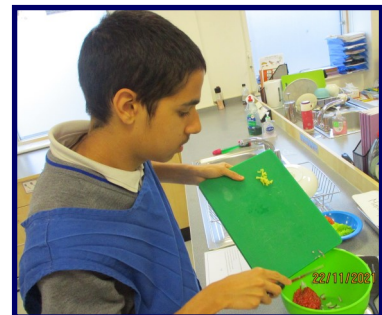
Ingredients

1 small red onion	225g beef mince	lettuce and tomato
1cm piece ginger	1t Worcestershire sauce	ketchup
red chilli flakes		(optional)

Preparation

1. Peel and finely chop the onion.
2. Peel and finely chop the ginger.
3. Place the beef mince, onion, ginger, chilli and Worcestershire sauce in a large mixing bowl.
4. Mix the ingredients together.
5. Divide the mixture into 2 even portions.
6. Dampen your hands.
7. Shape each portion into a round ball and flatten to a burger shape.
8. Add 4T oil to frying pan.
9. Turn hob to 6 and heat oil.
10. Add burgers and fry each side for 6-7 minutes.
11. Check for readiness with temperature probe.
12. Assemble burger with lettuce, tomato and ketchup in bun.

Enjoy ☺



After School Clubs

Tuesday

Football
ICT
Wii Dance
Sensory Play

Thursday

Art
Bikes
Drama
Dodgeball